# East Woodhay & Highclere Coronavirus Community Support





WH Neighbourcare



# Inside our Newsletter #9 – 15th May

Highclere

Society

Coming to terms with Coronavirus Scams The Chase – Latest news Feature in Newbury Weekly News Reopening of Recycling Centre - Newbury Scrubs Highclere un-fete Plant Stall From the Rector Shopping and Deliveries Activities VE Day Photos at Ashmansworth & Crux Easton Tennis Courts at Woolton Hill & Heath End Next Newsletter Coming to terms with Coronavirus

We are here for you – one number to have:

- prescriptions delivered
- shopping collected
- a friendly chat on the phone

# 01635 745 600

There are new Government guidelines on staying safe outside your home and the following is extracted from these.

It is everyone's individual responsibility to adopt these principles wherever possible to lower the risk of transmission of the virus.

- Keep your distance and avoid being face to face with those outside your household
- Keep your hands and face as clean as possible and wash clothes regularly
- Work from home if you can
- Reduce the number of people you spend time with in a work setting where you can
- Avoid crowds
- If you have to travel (e.g. to work or school) think about how and when you travel
- Keep indoor places well ventilated
- If you can, wear a face covering in an enclosed space where social distancing isn't possible and where you will come into contact with people you do not normally meet. This is most relevant for short periods indoors in crowded areas, for example on public transport or in some shops.
- Do not leave home if you or anyone in your household has symptoms
- Use common sense and do not put yourself at risk or others in danger.

More details on what you can do to reduce the risk of infection can be found HERE

### Scams

There are many new scams, which are using the Covid-19 pandemic as a reason. If you don't recognise the sender or the name looks incorrect or the email address of the sender is suspicious **Do Not Click open the email or click on any link.** 

For example, below is one such email which is 'doing the rounds'. You can see that it is not valid by the email address associated with the HMRC GOV UK description. 'netserveronline.de' is not a valid UK government address.

From: HMRC GOV.UK [mailto:support@netserveronline.de] To: xxxxx Subject: United Kingdom: COVID-19 Government Backed Initiatives for employees, individual and businesses





**EWH** Neighbourcare





The Chase remains closed

This is a message from Hollie Ryan – the Visitor Experience Manager for The Chase: The Chase has now been closed for a week and we are working hard to get it back open for you all. Due to the bank holiday the report back from the environmental contamination contractor only arrived on Monday. The report has been reviewed and work on the clean-up will begin the 18th May.

Due to the nature of the pollution re-opening will be subject to the outcome of sampling the water and some soil, which is being undertaken on a weekly basis, with the first set of sampling results due in two weeks' time. We are aware that many of you will use The Chase daily for your exercise and therefore we will work as quickly as we can to get it back open for you.

If you have any questions please don't hesitate to contact me through hollie.ryan@nationaltrust.org.uk.

# Feature in Newbury Weekly News

Included with the permission of Newbury Weekly News

# Patients rally round to help GP surgery

Community donates vital equipment to protect staff safety

Report by JOHN GARVEY email john.garvey@newburynews.co.uk twitter @johng\_nwn

**PATIENTS** have rallied round after dwindling personal protective equipment (PPE) threatened the safety of staff at their GP surgery.

The senior partner at Kintbury & Woolton Hill Surgery, Dr Heather Howells, accused the Government of "failing to protect us with adequate PPE" during the coronavirus crisis.

She said: "The Government promised a special service for general practice to order PPE as all our normal ways of purchasing this have dried up.

'The so-called 'clipper' service was meant to be launched on April 2 - we're still waiting.

'Thank goodness our commu-

nity have helped to keep us all safe. We're so very grateful." Dr Howells said: "When we were unable to source surgical scrubs, a plea was put out and we have been gifted a large number of scrubs to keep our doctors, nurses and team safe.

"People have collected scrubs from others or made them on their sewing machines at home, as well as drawstring bags for us to wash them in – it's been truly remarkable.



From left, receptionist Sarah Hughes, dispensary manager Claire Digweed, receptionist Fiona Dunderdale, dispenser Sharon Young, GP Heather Howells and lead nurse Jane Selwood

"We have also been donated facemasks from a local builder, overshoes and hairnets from local companies and face shields from schools and businesses making them at home.

"As well as all of this, people have made hairbands to make masks more comfortable and donated cakes and pizzas to keep us all going."

She added: "We've been overwhelmed by the support of our patients and community in helping us manage the outbreak in our patients in order to keep us safe.

"As a dispensing practice we provide medication directly to

#### over 9,000 patients.

"Like community pharma-cists we've been tasked by the NHS to quickly develop a delivery service in order to provide the most vulnerable and shielded patients with their medication.

"We have had the most amazing support of the Woolton Hill and East Woodhay neighbour care team in this regard.

"With their help, a delivery service, staffed by over 100 local volunteers, has been set up and to date over 1,000 prescriptions have been delivered free of charge to vulnerable patients. We really cannot thank them enough.

# **Reopening of Recycling Centre at Newbury**

West Berkshire's two recycling centres at Newbury and Padworth have reopened but residents will need to book a time slot in advance to use them.

The sites will be open seven days a week from 9am to 6pm, with the last booking appointment available at 4.30pm.

- The quickest way to book an appointment is **online** but you can also book by contacting Customer Services on 01635 519080.
- When you book your appointment, you will need to provide your details and car registration number.
- Eligible Hampshire residents with a blue permit are able to book an appointment to use Newtown Road recycling centre.

#### Do not visit if you are in self-isolation or have Covid-19 Symptoms.

West Berkshire Council also added that journeys to the recycling centres should only be made if waste cannot be stored any longer at home without causing a risk to your health and safety.

The local authority will also implement a robust traffic management plan which will help minimise the impacts of traffic congestion on the local road network and to control the number of visitors to the site at any one time.

In a statement, West Berkshire Council said: "We are advising delaying a visit until things are a bit quieter in a few weeks' time or to only visit if you cannot safely store waste at home for the next couple of week".

## Scrubs

This was written to Birdhouse Scrubs – who we featured as a group for making scrubs on page-3 of Newsletter 7 Link <u>HERE</u>. Many have been deployed at the Community Hospital at Thatcham.

I want to thank you on behalf of the Berkshire Healthcare NHS Foundation Trust for the wonderful scrubs that you and your amazing team have produced for us over the last month or so. To date, we have been unable to purchase any scrubs from our usual procurement routes and are relying totally on the work of volunteer sewers.

In fact, your team has been responsible for supplying us with around 75% of all our donated scrubs to date. Staff need at least 2 sets of scrubs each so that they can wear one and wash one, but ideally they need 3-4 sets each, in case a set has to be changed during a shift.

### Highclere un-fete plant stall

"Having bought the seeds before lockdown started, I have plants that would have been contributions to the Highclere fete. The sale will be outside my house in aid of Highclere Church, starting on Monday May 18th at 10.30am. There will be a moneybox on the gatepost and plants will be priced in round figures. Please bring gloves and do not hesitate to find me in the garden or ring my doorbell with any queries which I can answer at a distance."



Erica Harman Brook House, Church Lane, Highclere RG20 9RG 01635 25378

# From the Rector: Revd Canon Christine Dale

A continued heartfelt thank you to our fantastic volunteers involved with East Woodhay & Highclere Coronavirus Community Support for everything that they are doing to support our communities.

It remains the case that we must keep our church buildings closed and cannot hold public worship. Online services by 'Zoom' however continue and this coming Sunday (17th May) we are online at 11am for Holy Communion. If you would like to join our e-mail circulation for details and joining codes for services, please send your e-mail address to me (contact details below).



In these difficult times when the number of those who can attend a funeral whether at the graveside or in a crematorium chapel are so restricted I am aware of how very distressing it can be. The Church of England is offering a prayer card with a prayer that could be a help if you are grieving for someone and cannot attend the funeral -you can find it here. You can also (with the wonders of modern technology) light a 'virtual' prayer candle here. I and our Ministry Team continue to keep a daily pattern of prayers in our homes and please do contact me with any prayer requests.

with every blessing to you all Revd. Canon Christine Dale (e-mail: cdale001@btinternet.com, Tel. 01635 253323)

# **Shopping & Deliveries**

#### The Rampant Cat

Opening as a takeaway this Friday 14th and Saturday 15th, with the plan to add extra days in the following weeks.

This Friday & Saturday they are serving a selection of curries, and a variety of new and old favourites from their in-house menu! - The menu is the foundation for building a takeaway and will change dependant to the customers. Unfortunately the deadline for ordering has passed for this week however they expect to continue with this next week so keep a look out on their website HERE or Facebook page HERE for details and menus, including children options. Their phone number is 01635 253474. Please note takeaways at this time are collection only.

#### The Yew Tree Garden Centre is open. This is a message from them:

We have had a great first two days open again. Thank you to everyone who has visited - it has been lovely to see some of our regular customers again and we really appreciate your support both now and during lockdown. Thank you for adhering to our social distancing measures which means we can all feel safe and happy in the garden centre.

If you are thinking of visiting, here are some of the things you can expect.

We are asking customers to collect a trolley at the entrance where there is a sanitising station to wipe the handles. If there are no trolleys available then customers are asked to wait outside until a customer leaves making a trolley available. In this way we limit the number of people in the garden centre at any one time. There are signs and floor markings to help customers to remain 2m apart.

Please be aware that our Cafe and customer toilets remain closed and at the tills we are only accepting card payments - no cash or vouchers please.

Unfortunately, we are unable to assist with loading heavy items into the car for the time being. Our delivery service and Click and Collect service are both continuing to operate for those people who are unable to visit us in person.

Finally, a huge thank you to all our staff who have worked so hard during lockdown completing more than 3,000 deliveries, prepared the garden centre for reopening and who have adapted so willingly to the new normal.

**Woodland Stores** 01635 253651 and **Woolton Hill Stores/Post Office** (253463) are both really well stocked, selling bread and cakes from Halls Bakery. Woodland Stores also have plants for sale and offer meat which would be great for a BBQ.



Fancy **in home dining** then John at https://www.casualdiningbyjohn.com/market-place has an online list of options plus will still deliver a special meal if you have a special occasion under lockdown. There are good instructions for finishing the meal off at home

Mio Fiore in Newbury has a takeaway service including pasta and pizza dishes with a tiramisu dessert option at https://www.miofiore.co.uk. They give 15% off or, if you are NHS 30% discount.

Andrew North, **Fresh Fish** from Brixham, will be in the car park at the Highclere Red House at 2.30ish every Friday afternoon with a wide selection of freshly caught fish and seafood.

#### **Regular outlets:**

Red House – Highclere for takeaway 01635 255 531 https://www.thehighclereredhouse.com The Pheasant – Highclere, 01635 253360 https://www.thepheasanthighclere.co.uk/blog The Blue Dolphin at Wash Common is open for collections Tues – Sat. Order on line HERE Lusso pizza and ice cream, 01635 32128 https://www.lussokitchen.co.uk

### Activities

Chelsea Flower Show is online from Monday 18th May. Click HERE

For children - Make a planet – use recycled materials and make papier mache with Junk Jodie Click <u>HERE</u>

**Hire a pop-up play kit –** The Pop-up Play Village in Basingstoke can now offer a delivery and collection service of Role Play Mini Kits. Take a look on the Facebook page <u>HERE</u> for details.

**Watch the Peregrines** in Andover – Find out about these wonderful birds and watch the chicks live on the webcam from their nest on St. Mary's Church Andover. Click <u>HERE</u>

**GET Creative** – the BBC Arts pages have interviews and masterclasses with musicians, designers and craftspeople. Click <u>HERE</u> to view.

**Virtual Choir Corn Exchange** - did you take part? Watch the virtual choir's performance of 'I'd like to teach the world to sing' <u>HERE</u>

**Poetry writing workshop** – join Arji's Poetry Jam online for inspiration, guidance and writing tips from facilitator and poet Arji Manuelpillai, along with various collaborators. May 29th 1pm for details and booking click HERE

Memory Café online Monday 18th May with musician Ewan Millar from Berkshire Maestros- book HERE

**Hampshire Library Service** – open on line with a large range of e books and audio books – if you're not a member, you can join up <u>HERE</u>

#### Watch live theatre

– from Andrew Lloyd Weber - **CATS** the stage musical streams for 24 hours from Friday 7pm click <u>HERE</u>

- from the National Theatre - **Barber Shop Chronicles by Inua Ellams** available on YouTube from Thursday evening 7pm. To find out more, click <u>HERE</u>

# Tennis Courts at Woolton Hill and Heath End

Following Government clarification, the tennis courts in both Woolton Hill and Heath End are now open. Please follow social distancing guidelines and leave the nets slightly loose. Please note the playgrounds are NOT yet open. Please do not try to use them, or climb over the gates at Woolton Hill. The Woolton Hill recreation field is though open for use.

# VE Day – Photos from Ashmansworth & Crux Easton









### **Next Newsletter**

The following newsletter will be issued next week. You can request to receive this newsletter directly by registering via the website below:

www.ewhneighbourcare.org.uk

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Page 6 of 6

Newsletter #9

15/05/2020