# East Woodhay & Highclere Coronavirus Community Support





H Neighbourcare



## Inside our Newsletter #5:

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Society



Thank you for helping us smile

## Wellbeing

The Wellbeing Team of Neighbourcare are maintaining regular contact with elderly, lonely and vulnerable people in our villages to give them friendly support and a listening ear.

If you would like someone to call you or you know of someone who would appreciate a chat, please do call us.

We are here for you.



The NHS have created a website around Coronavirus and associated Mental Wellbeing **Every Mind Matters** 

### https://www.nhs.uk/onevou/everv-mind-matters

They have produced handy guidance, tips, techniques and further links around the following:

- 1. Stay connected with people
- 2. Talk about your worries
- 3. Support and help others
- 4. Feel prepared
- 5. Look after your body
- 6. Stick to the facts
- 7. Stay on top of difficult feelings
- 8. Do things you enjoy
- 9. Focus on the present
- 10. Look after your sleep

Do take a look – there is so much good, practical information on the site.

### How do you let the government know that you are vulnerable?

If you have a medical condition which makes you extremely vulnerable to coronavirus (COVID-19), you can register with the government and tell it whether or not you need support.

You can use this website to register: www.gov.uk/coronavirus-extremely-vulnerable or contact Hampshire Council on 0333 370 4000. Being registered will be useful in obtaining a slot for delivery with an online supermarket.

If you would like to make a donation to support our activities during these unprecedented times please see details at https://ewhneighbourcare.org.uk/donate

## **Shopping & Collecting Prescriptions**

Our wonderful team of volunteers have already delivered around 750 prescriptions and are now helping with shopping for a number of people.

However, there are still a significant number of people going to the surgery. To reduce the risk of infection, please call us on the number below if you would like us to deliver your prescription; there is no charge for this service.

#### 01635 745 600

Do call us if you need any support – we are ready and able to help you.



## From the Rector: Revd Cannon Christine Dale

I continue to sincerely thank our fantastic volunteers involved with East Woodhay & Highclere Coronavirus Community Support. I am aware that much activity is well underway in support of individuals in our communities. Thank you!

It remains the case that we must keep our church buildings closed and cannot hold public worship. We do however continue to pray and please do contact me with any prayer requests. Our experiment with some online services using 'Zoom' have been very encouraging. On Easter Sunday I 'broadcast' the service from the Rectory sitting room and some 110 folk gathered for online worship.



photo from Easter Sunday service from the Rectory sitting room

It was so good to see so many local folk from around our parishes coming together -

albeit in the comfort of their own living rooms!

We intend to continue with online 'Zoom' services at 11.00am each Sunday while restrictions continue and are planning one or two other online services too. If you would like to join our e-mail circulation list for details and joining codes for these services, please send your e-mail address to me (contact details below).

Our churches Facebook page (North West Hampshire Benefice www.facebook.com/nwhbchurches will also contain updates and information.



behind the scenes photo of the Rector recording her Easter morning sunrise message for Facebook

with every blessing to you all

Revd. Canon Christine Dale (e-mail: cdale001@btinternet.com, Tel. 01635 253323)

The St Thomas Church Fete which is cancelled this year will be held next year on July 3rd 2021.

### **Eggsellent Easter Competition Winners**

The winners of our Easter Egg and Easter Bonnet competitions were chosen by our local MP Kit Malthouse on Easter Monday. The winner of the 7 and under Easter Egg competition was Matilda Milton with this entry.



Winner of the 7 and under Easter Bonnet competition was Gregory Louch with this fine piece of millinery.



In the 8-11 class the winner with the best Easter Egg was Florence Milton but unfortunately there was no winner for best bonnet.



Commenting on the entries Kit Malthouse said "These are all splendid efforts and all worthy of a prize indeed. At a time when most of us are living our lives online, and probably watching too much TV (and eating too much chocolate), it's great to see some young people being creative and producing such jolly things.

Well done and a Happy Easter to you all"

## **Local Stores & Deliveries**

A big thank you to all our local shops who are keeping going at this time. Woolton Hill Stores/Post Office (253463) and Woodland Stores in Penwood (253651) are open and both work with Fishers Fruit and Veg to arrange for delivery www.fisherofnewbury.co.uk

Both shops do so much for the community, and it was wonderful to see that Woolton Hill Junior School children had created a rainbow banner to show their appreciation.



They have attached this poster to the wall opposite the Woolton Hill Stores.

For all the latest **major supermarket opening times and delivery information** see the following link This was kindly created by the Good Neighbour Network.

**Woodland Stores** post regularly on Facebook (link here) and a latest post mentioned that they are fully stocked.

Attached is a photo from this week.



### Yew Tree Garden Centre

Please be aware that the Yew Tree are experiencing extremely high demand for their delivery service but are working hard to complete orders as quickly as possible. However, It may take up to two weeks to complete the order.

Please place your order online <u>https://yewtreegc.co.uk</u> and they will then call for payment and you can make any additions or amendments.

Phone lines (01635 255 250) 9am-12pm Mon – Sat Online Shop open 2pm – 5pm Monday – Saturday

### Takeaway & Delivery

The Red House - Highclere, 01635 255 531 https://www.thehighclereredhouse.com The Pheasant – Highclere, 01635 253360 https://www.thepheasanthighclere.co.uk/blog Lusso pizza and ice cream, 01635 32128 https://www.lussokitchen.co.uk Saddleback Farm Shop Collection, 01488 638806 https://www.saddlebackfarmshop.co.uk Fernworth Farm, Ashford Hill, 07966467058 http://www.fernworthfarm.co.uk

### **Donations – NHS Charities Together - Slogan and Rhyme Challenge**

The previous owners of the Woolton Hill Stores, Rajesh Vadera and Sue have set up a Justgiving page (link here) to raise money for **NHS Charities Together**. This is **Raj's Self isolation Slogan and Rhyme Challenge** (with words extracted from the Justgiving page)

'It was my son's birthday yesterday, and during self-isolation mode we were discussing ideas with how to improve the current world pandemic. We appreciate there are many people out there doing great things and we wanted to contribute towards this too.

Obviously, there are limited activities to partake with being a current lockdown, so we thought it would be a great idea to start a slogan/rhyming challenge to beat the virus, so as we were having tea, I said to him: "No huggy, no buggy!" In response to this, he said to me: "No soap no hope! NHS are the BEST, be ALONE and stay at HOME!"

I am sure you all can come up with some inventive slogan or rhyme.

We would like to raise money for **NHS Charities Together** to show our appreciation to all the frontline staff and volunteers currently working for the NHS. The staff up and down the UK are working non-stop under increasing pressures and staying away from their families working day and night to ensure they can save as many lives as they can during this pandemic.

You can raise money by sending us your slogans and rhymes along with your donation <u>here</u>. All money raised will go directly to **NHS Charities Together**.'

Go on your one STROLL, but please make sure you only buy one LOO ROLL. Join the fundraising ADVENTURE, without a high TEMPERATURE, Remember more DONATION means more SANITATION, Keep in CLEAN and lets beat the COVID-19

Rajesh & Sue Vadera. rajeshvadera@msn.com

## **Keeping Yourself Amused**

The 25th anniversary special of Phantom of the Opera is to be streamed for free on YouTube this Friday (April 17). It is available for just 24 hours!

This is part of the YouTube channel 'The Shows Must Go On' series every Friday at 7pm during the lockdown. Click here



The 25th anniversary concert production of Phantom was filmed at the Royal Albert Hall in 2011 and features Ramin Karimloo as the Phantom and Sierra Boggess as Christine.

#### Learn a new skill - Poetry

A beginners' poetry writing course with Hampshire poet Kathryn Bevis. Organised by Hampshire Cultural Trust, the twice weekly on-line sessions, starting 20th April, are FREE, but must be booked by emailing Deborah.neubauer@hampshireculturaltrust.org.uk

#### Arts with the Corn Exchange



The Corn Exchange in Newbury is offering a range of free activities to suit all members of the family, from early years learning, through art and craft sessions to dance. Click HERE to see what's on this week

#### Watch and create with the young ones

Junk Jodie shows how to make butterflies and more from common household recycling items. See HERE for the 12 minute video

#### Watch live theatre with the family

This week's free live theatre screening from the National Theatre is Treasure Island, available on YouTube from Thursday evening 7pm. To find out more, see https://www.nationaltheatre.org.uk/nt-at-home

### **Bin Collections**

The following is a message from Basingstoke & Deane Council:

From Monday 20 April we will be collecting your grey waste bin fortnightly instead of weekly. This is a temporary change during the COVID-19 pandemic. Your recycling collection will take place as usual and your waste bin will be emptied on the opposite week to your recycling. There are no changes to the day of the week collections take place. We thank you for your understanding and support during this difficult time

Next week it will be the grey waste bin and the following week it will be recycling https://www.basingstoke.gov.uk/covid-19-bins-and-recycling

### **Next Newsletter**

The following newsletter will be issued next week. You can request to receive this newsletter directly by registering via the website below:

www.ewhneighbourcare.org.uk

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