# **East Woodhay & Highclere Coronavirus Community Support**















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**Neighbourcare** are here for you – one number to have:

- prescriptions delivered
- attending a vaccine / medical appointment
- · shopping collected
- a friendly chat on the phone
- or someone to go for walk with

01635 745 600



The thoughts of us all are with Her Majesty, the Queen, and the Royal Family on the sad occasion of the death of the Queen's husband, HRH Prince Philip, Duke of Edinburgh.

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## The Glorious Twelfth

Next Monday marks stage 2 of the Government's road map to restoring freedom of movement with the easing of some covid restrictions. However, it is not a free-for-all and some restrictions will continue to apply at least until May 17<sup>th</sup> and very possibly beyond.



The main changes that apply from next week are:

- From Monday 12 April additional premises will be able to reopen with the rules on social contact applying. Indoor settings must only be visited alone or with household groups, with outdoor settings limited to either six people or two households. This includes non-essential retail; personal care premises such as hairdressers, beauty and nail salons; and indoor leisure facilities such as gyms and spas, but not including saunas and steam rooms, which are not due to open until May.
- Overnight stays away from home in England will be permitted and self-contained accommodation can also reopen, though must only be used by members of the same household or support bubble.
- Public buildings such as libraries and community centres will also reopen.
- The majority of outdoor settings and attractions can also reopen, including outdoor hospitality, zoos, theme parks, drive-in cinemas and drive-in performance events.
- Hospitality venues will be able to open for outdoor service, with no requirement for a substantial meal to be served alongside alcohol, and no curfew. The requirement to eat and drink while seated will remain.
- People should continue to work from home where they can and minimise domestic travel where they can. International holidays are still illegal.
- The number of care home visitors will also increase to two per resident, and all children will be able to attend any indoor children's activity, including sport, regardless of circumstance.

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- Parent and child groups of up to 15 people (not counting children aged under five years old) can restart indoors.
- Funerals can continue with up to 30 attendees. Weddings, outdoor receptions, and commemorative events including wakes will be able to take place with up to 15 attendees (in premises that are permitted to open).

Outdoor gatherings in public places or in your own garden must still be limited to 6 people or 2 households, and you must not socialise indoors with anyone you do not live with or have not formed a support bubble with.

There are no changes to social contact rules and the guidance on wearing face masks, social distancing, washing hands and ventilating closed spaces remain unchanged.

## Free Lateral Flow Tests

Around 1 in 3 people with COVID-19 have no symptoms so could be spreading the disease without knowing it.

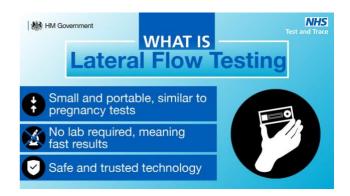
Community testing will help identify more positive cases quickly and support people to self-isolate, therefore breaking chains of transmission and protecting communities.

Community testing is carried out using a lateral flow test. Most tests generate results in under half an hour.

Community testing is a programme for testing people without COVID-19 symptoms to help reduce transmission of coronavirus. The testing is free and available to everyone from 9 April.

In Hampshire community testing sites are accepting walk-ins.

There is no need to book an appointment for a supervised test or to collect test kits for use at home. Simply drop into your nearest site in Andover, Basingstoke or Winchester. To get full details click <u>HERE</u>



To use the West Berkshire sites at Monks Lane Newbury, Hungerford Rugby Club, Thatcham Rugby Club or Burghfield Community Sports Association click <u>HERE</u>

Home test kits are also available from the Newbury Showground testing site. They are free.

# **Second Dose Clinics**

When the Newbury Vaccination Centre first opened in January, most surgeries booked patients in for the exact same time 12 weeks ahead for their second dose. This was based on the guidance that had just been published by the government that second doses at 12 weeks was optimal for the roll out of the vaccination programme. It was also based on the best assumption on the delivery schedule for 3 months' time.

At the Newbury vaccination centre this week the question was asked 'I was given a date for my second jab when I had my first but the surgery have called to bring it forward, is this right?'

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Vaccine deliveries are now arriving in the 11th week after the first dose, and this is because it gives a week's contingency in case anyone can't take up their appointment for whatever reason. While it is very useful to have a little breathing space, it does mean that in some cases appointments have to be brought forward which has understandably caused confusion and a lot of effort for the admin teams at the practices.

If you get a call from the surgery asking you to bring your expected appointment date forward, **please take the new date**, you will get the same vaccine as your first dose and the centre can continue to give second vaccinations a little faster than originally expected which is good news for everyone.

If you do not yet have a date for your second vaccination don't worry. The surgery will be in touch in due course.

All those who booked appointments at other centres through the NHS central service will have received the date, time and place for their second vaccination at the time of booking the first one.

## **Latest Local COVID-19 Cases**

The good news reported in the previous newsletters continue and in the last week of reporting there were again fewer than three cases in our local area.



Shown below is the trend over time. The source to the original data is **HERE** 



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## From the Rector: Revd Canon Christine Dale



Greetings and blessings to you all.

It was lovely to be able to worship together again in our churches on Easter Sunday, along with holding an online service. We are now resuming our schedule of services with a mix of 'in church' and online in the coming weeks.

This Sunday (11<sup>th</sup> April) we have Parish Communion at 9.30am at St Thomas', Woolton Hill, and online zoom service at 11am and Evensong at 6pm at St James', Ashmansworth. If you would like to join our e-mail circulation for all details and joining codes for online services, please send your e-mail address to me *(contact details below)*. The full schedule of services planned to the end of April is <a href="here">here</a>. As yet it continues to be the case in church that the congregational singing of hymns in church is not permitted, face coverings must be worn (unless exempt) and social distancing is still required.

All our church buildings continue to be open for private prayer on Sundays. St James', Ashmansworth 9.30am-4.30pm; St Michael & All Angels', Crux Easton 10am-3pm; St Martin's, East Woodhay 11am-3pm; St Michael & All Angels', Highclere 11am-12.30pm; St Thomas', Woolton Hill 10am-4pm.

If you want to ask for prayer, please do contact Canon Marvin (254718) or me (253323). with every blessing to you all,

Revd. Canon Christine Dale (e-mail: cdale001@btinternet.com, Tel. 01635 253323)



# **Activities – Staying In**

**Family fun –** origami and book folding workshop – make a cute hedgehog. FREE on Facebook with the Virtual Village Hall, to watch click <u>HERE</u>

**Last chance to enter - 7 -12 year olds** – could you write an exciting short story incorporating a spur, a scraper, a pendant and several other ancient items?? Competition entries close 18<sup>th</sup> April click <u>HERE</u>

**Diana's Clay Club** launches this week - purchase a box which includes clay, tools and access to video tuition from Newbury sculptor and pottery teacher Diana Pattenden. Firing in the kiln and glazes included. E mail djpattenden@gmail.com

**Sewing for happiness!** – free online course from Hampshire Libraries, click <u>HERE</u>



#### **Theatre On-line**

National Theatre New performance of Cat on a Hot Tin Roof from the Young Vic. HERE

#### **Staying Active**

**Low impact fitness with Mr Motivator –** free, simple routines (donations to homeless charities) click HERE

Cycling – details of cycle routes in West Berks / North Hants click HERE

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# **Activities – Going Out**

**Shall we meet for coffee? -** what a lovely phrase, and here are some local places where you can meet outside from Monday 12<sup>th</sup> April:-

Yew Tree Garden Centre 01635 255250

Rampant Cat, 01635 253474.

Saddleback Farm Shop 01488 638806,

Honesty Cafes – Hungerford, The Base, Overton, Donnington, Inkpen etc check HERE for various opening times



# How about sitting outside at the pub for some alfresco eating, a beer or glass of wine?

Furze Bush Inn – Ball Hill - 01635 253228 Jack Russell – Faccombe - 01264 737315 Rampant Cat – Woolton Hill 01635 253250 Red House – Highclere - 01635 255531 Pheasant – Highclere - 01635 253360



Teddy Bears picnics for under 4s at the Corn Exchange Learning Centre click HERE

Something to look forward to... opening May 17<sup>th</sup> Wildlife Photographer of the Year Exhibition at the Base Greenham click HERE

## **Naturewatch**

Have you seen any hares out in the fields? This is the time of year you may be fortunate enough to see them boxing. If you do see a hare, the Hare Preservation Trust would be very grateful if you could log it with them. Click <u>HERE</u>

## **Beauty in Spring – your photos**

Alan Teece took this photo of the deer in the sunshine at Malverleys



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Here is a lovely montage of spring lambs from Carole Thelwall-Jones



Moyra Harkness took this seasonal photo of the wild daffodils behind Highclere Church



**Send us an image** – We are always pleased to see your favourite local views – email images for future newsletters to <a href="EWCleresNews21@gmail.com"><u>EWCleresNews21@gmail.com</u></a>

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