

# East Woodhay & Highclere Coronavirus Community Support



Highclere  
Society



EWH Neighbourcare



## Inside our Newsletter #30 –5<sup>th</sup> February

[Vaccinations – Clinically Extremely Vulnerable](#)

[Use Neighbourcare – Keep our Surgery Safe](#)

[From the Rector](#)

[Local Covid-19 Cases](#)

[Gertie Kingston](#)

[All Things Valentine](#)

[Local Shops, Food & Takeaways](#)

[Activities – Staying In](#)

[Activities – Going Out](#)

[Naturewatch](#)

[Your Photos](#)

**Neighbourcare** are here for you – one number to have:

- prescriptions delivered
- attending a vaccine / medical appointment
- shopping collected
- a friendly chat on the phone
- or someone to go for walk with

**01635 745 600**



Local resident Gertie Kingston, celebrating her birthday - 112 years 'young'. See item below.

## Vaccinations – Clinically Extremely Vulnerable

To reassure those of you who Clinically Extremely Vulnerable (CEV) here is an update from Newbury Racecourse Vaccination Centre for the special measures they have put in place to help you.

The following is in place at all the clinics:

- Screening questions to make sure no one with symptoms enters the building
- Temperature checking all staff, volunteers, patients and carers who enter the building
- All members of staff, volunteers, patients and carers wear face coverings on site
- On arrival staff, volunteers, patients and their carers sanitise their hands
- All surfaces are sanitised frequently throughout the day and clean chairs after every use
- All staff, volunteers and patients to maintain a 2m social distance in the building and follow a one-way layout

Additional procedures are in place for CEV patients include:

- Longer appointment times so there are fewer patients in the building at any one time
- All staff and volunteers to wear face shields in addition to their mask/ face covering
- Using the AstraZeneca vaccine where possible so if you aren't driving you can leave the building straight away

What is asked from CEV patients is:

- Please wear a face covering, sanitise your hands when requested and don't come if you have any coronavirus symptoms
- See if someone can drive you so you can leave immediately after you have been vaccinated
- Enter the building alone if you can so we keep numbers in the building as low as possible
- Don't worry if you're a little late, please arrive no earlier than your appointment time. Too many patients arriving early leads to queues.

## Use Neighbourcare – Help Keep the Surgery Safe

**By using Neighbourcare, the number of people going into the surgery can be reduced keeping the area safer for those who need to attend for face-to-face consultations.**

The increase in people taking advantage of the free delivery service for prescriptions from Woolton Hill surgery has meant that footfall into the surgery has been dramatically reduced this week. Indeed, 70 fewer prescription collections were made in person than usual at the surgery. Thank You.

A simple reminder that for anyone who doesn't have to pay for prescriptions, either through exemption or pre-pay, standard repeat prescriptions can be collected by Neighbourcare and delivered to your door, free of charge, and usually within 2 days. This Monday to Friday service is not just for 'the elderly' or 'people who can't get out', it's for anyone and everyone who has regular medication, or a one-off prescription, that needs to be collected from the surgery.

If you are prescribed medication as the result of a telephone consultation, Neighbourcare have a volunteer on standby each day that can collect this prescription and deliver straight away.

All collections are by arrangement with the surgery and are carried out without entering the reception area, keeping both patients and surgery that bit safer.

Prescription deliveries can be arranged by calling **01635 745600** and repeat prescription deliveries can also be booked online at **[www.ewhneighbourcare.org.uk](http://www.ewhneighbourcare.org.uk)** by clicking the 'request a prescription delivery' button.

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## From the Rector: Revd Canon Christine Dale



Greetings and blessings to you all.

Locally, as we continue to be cautious, we are offering our Sunday services online (via 'zoom'), and at 10am each Wednesday morning. For 'zoom' link details please e-mail me at [cdale001@btinternet.com](mailto:cdale001@btinternet.com). This Sunday (7<sup>th</sup> February) the services are at 9.30am (Family Service) and at 11.00am (Benefice Communion).

All our church buildings are open for private prayer on Sundays.

*Churches with published opening times:*

St James', Ashmansworth	9.30am-4.30pm
St Martin's, East Woodhay	11am-3pm
St Michael & All Angels', Highclere	11am-12.30pm
St Thomas', Woolton Hill	10am-4pm

*If you visit one of our churches please do protect yourself and others by wearing a face covering inside the building, sanitising your hands, and using a seat with a 'green tick' card marker (when you leave please turn over the card to show the red no entry sign).*

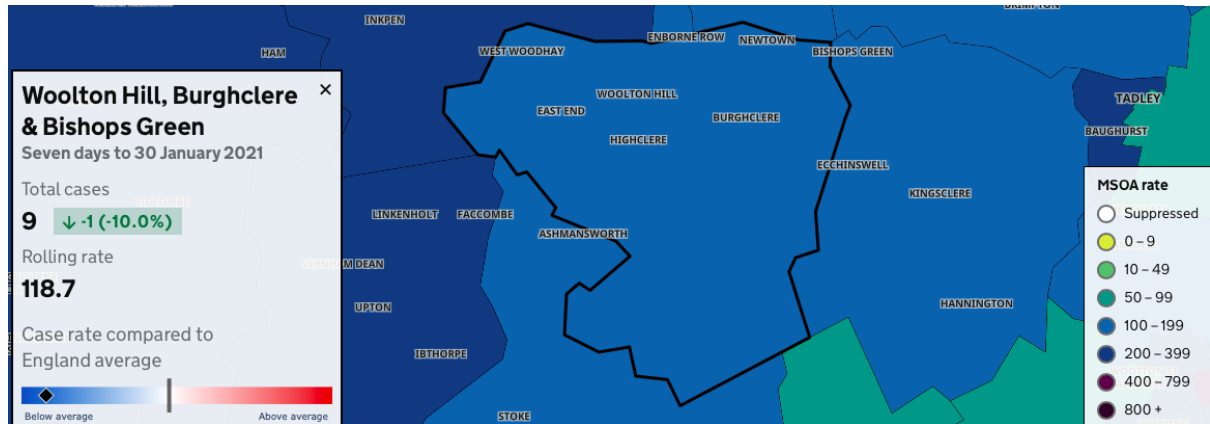
If you want to ask for prayer, please do contact Canon Marvin (254718) or me (253323). with every blessing to you all,

Revd. Canon Christine Dale  
(e-mail: [cdale001@btinternet.com](mailto:cdale001@btinternet.com), Tel. 01635 253323)

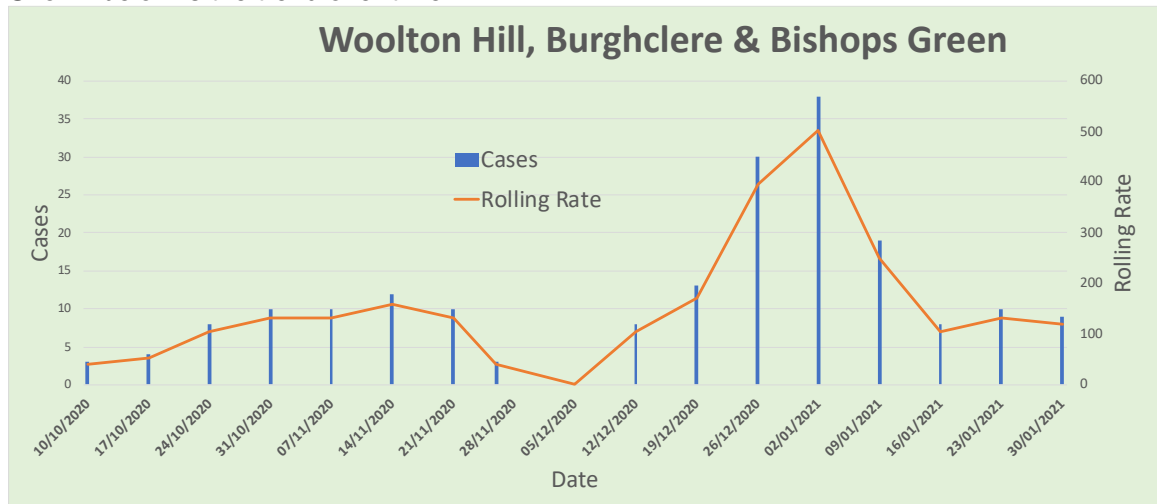


## Latest Local COVID-19 Cases

Here are our recent local numbers which show the case changes from the previous week.



Shown below is the trend over time



All recent historic information, with graph is also stored [HERE](#). The source to the original data is [HERE](#)

## Gertie Kingston

During this pandemic time it is also lovely to bring good news. The UK's second oldest person and local Woolton Hill resident, Gertrude Annie Kingston celebrated her 112<sup>th</sup> birthday on Monday, 1<sup>st</sup> February.

Gertie as she is known, moved from West Berkshire to Enbridge Care Home when she was 99. The cake was kindly donated by Colline at [Colline's Kitchen](#) and the theme was based on Gertie's love of snooker and horse racing. She loved to watch both of these and especially when the Queen attended the races to see what she was wearing.

Gertie cannot see as well now so family and friends tend to tell her now but, as recently as a year or so ago, these were her loves and she would spend her Saturdays watching the races.



Gertie has also received her Covid-19 vaccination recently in the care home from local Woolton Hill doctor, Dr Gemma Newman.



When asked how it went, she replied 'I didn't feel a thing'.



Gertie is certainly an inspiration to us all.

*We would like to thank both Claire Leach and Newbury Weekly News for these photos and permission to use them.*

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## All Things Valentine

Order by close of Saturday 6<sup>th</sup> Feb for a special 2 course Valentine's takeaway from the **Rampant Cat**, collect 4 – 8pm Sat 13<sup>th</sup> Feb tel 01635 253474

Ceramic Hearts, hearts on dogs, hearts on cats and yes, hearts on elephants from local designers & makers Piet & Monty of **Roelofs Rubens**, delivery tel 01488 668154 or click [HERE](#)



**Whitchurch Silk Mill** offer silk hearts or, for the more practical, books on walks in North Hampshire or gardening gifts click [HERE](#) to order on line

**Bramble Cottage Flowers** – Local florist, delivering locally, click [HERE](#), Tel:[07894324384](tel:07894324384) to order

Handmade Cards from local artist Katie Riggs through the **Basingstoke Borough Basket** click [HERE](#)

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## Local Shops, Food and Takeaways

**Local Shops** The following shops and suppliers are open and offering a variety of food, takeaways and other supplies:

**Woodland Stores** (01635 253651) & **Woolton Hill Stores** (01635 253463) are both well stocked – contact *Neighbourcare* on **01635 745 600** if you need a delivery

**Fisher of Newbury** (01635 524822) has expanded the range to include dairy and bakery goods as well as fruit & veg. Next day delivery slots available – to book click [HERE](#)

**Fernworth Farm** meat and seasonal veg, collect or delivery Saturdays contact [Jo@fernworthfarm.co.uk](mailto:Jo@fernworthfarm.co.uk)

**Thatcham Refillable** household products – delivery Tuesdays. Order goods Click [HERE](#) or email [thatchamrefillable@hotmail.com](mailto:thatchamrefillable@hotmail.com), tel. 07876350137 by 2pm Mondays

**The Rural Supply Company** offer a one-stop click and collect service for foods from local producers. Collect from Five Bells Wickham. Click [HERE](#)

**'Loaf to your door'** offer home delivery of fresh baked breads and pastries in our area. Order Wednesday for Friday delivery. Click [HERE](#)

**Savernake Game** are taking orders now for delivery to our area on 12th February, call Juliette to place an order 07811 947987 or email [juliette.howard@hotmail.com](mailto:juliette.howard@hotmail.com)

### Takeaways:

**Highclere Red House** (01635 255531) takeaway / delivery Tues–Sat click [HERE](#)

**Rampant Cat** – takeaways Friday / Saturday 4pm-8pm & Sunday roast lunch – order by phone 12noon - 2pm 01635 253474 For menu / special offers see [HERE](#)

**Dundas Arms Kintbury** (01488 658263) – takeaway Friday / Saturday, click [HERE](#) – ordering link only open Fri/Sat

Note: Carpenters Arms Burghclere, The Pheasant Highclere and Furze Bush Ball Hill – are all closed.

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## Activities – Staying In

### Learn:

**Job-seeker Skills & Advice** – a set of FREE webinars from professionals covering the search process, interviews, networking and more. click [HERE](#) for details

**WEA short courses** - a range of online talks & short courses with spaces starting next week click [HERE](#)

**Make calligraphy stars** – Free on-line video and instruction sheet from the Virtual Village Hall click [HERE](#)

### Theatre online:

**For children aged 3 to 8** – the story of Stella saving the stars, 16 min video click [HERE](#)

**Chekhov's Uncle Vanya**, starring Toby Jones and Roger Allam, FREE on bbc iplayer click [HERE](#)

**Good Grief**, starring Sian Clifford, streaming from Feb 15<sup>th</sup>, tickets £10 - £15, click [HERE](#)

### Staying active:

**Family Fit** – Get Kids Moving FREE Superhero workouts – Star Wars, Wonder Woman, Black Panther, Harry Potter.... Click [HERE](#)

**Beginners exercise** – FREE NHS videos – 10 minute cardio & 15 minute strength routines click [HERE](#)

**For Teenagers.** With schools and colleges closed and the majority of pupils stuck at home, Mark Wright encourages 11- to 16-year-olds to get active. Click [HERE](#)

**A little more** challenging – Stretch & Flex with the National Dance Company of Wales – FREE 60 minute class on BBC iplayer click [HERE](#)

## Jigsaws:

Do you enjoy jigsaw puzzles? East Woodhay Society's nominated Charity, [Young People & Children First](#), is doing its best to support young care leavers through these difficult times. They have been given some jigsaw puzzles, which we are offering for sale, with all proceeds to the charity. We are happy to deliver to local doorsteps for a suggested donation of £3 each. Shown here:-



The Capitol 500 pc,



Venice 750 pc



Barge 500 pc

If you would be interested in any of these, please e mail [eastwoodhaysociety@gmail.com](mailto:eastwoodhaysociety@gmail.com)

## Activities – Going Out

**Cycling** – guides on safe cycling in Winter, cycling with children, and a February challenge!  
Click [HERE](#)

**Send us an image** – of your favourite local view this winter and we will include it in a future newsletter. Please email to [EWCleresNews21@gmail.com](mailto:EWCleresNews21@gmail.com)

## Naturewatch

Thank you to everyone who participated in our local **Big Garden Birdwatch** last weekend.

The 'winner' again this year with the highest count was the Goldfinch with nearly 11% of all birds counted, which for the second year running just pipped our 2019 'winner', the Blue Tit.

Here is a list of the top. For all the results click [HERE](#)

Bird Species	Change from Previous Year	Ranking 2021	Percent
Goldfinch	=	1	10.9%
Blue Tit	=	2	10.5%
Great Tit	+2	3	8.0%
Wood Pigeon	+2	3	8.0%
Chaffinch	-2	5	6.5%
Blackbird	+2	6	6.2%
House Sparrow	-3	7	5.8%
Robin	+5	8	5.3%
Long Tailed Tit	=	9	4.9%
Coal Tit	+1	10	4.0%
Jackdaw	-3	10	4.0%



Last week's question - Did you guess? - It's a Wood Ear Fungus (*grows on wood, a bit ear-shaped?*)



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## Beauty in Winter – your photos

Thank you for these lovely local photos – please keep sending them in



Winter Sun from Carole Thelwall-Jones



Misty Morning at Hollington from Paul Hurst

**Send us an image** – of your favourite local view this winter and we will include it in a future newsletter. Please email to [EWCleresNews21@gmail.com](mailto:EWCleresNews21@gmail.com)

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Ashmansworth and Cris Easton Parish Website