

East Woodhay & Highclere Coronavirus Community Support



Highclere
Society



EWH Neighbourcare



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We are here for you – one number to have:

- prescriptions delivered
- attending a vaccine / medical appointment
- shopping collected
- a friendly chat on the phone
- or someone to go for walk with

01635 745 600



Vaccine Experience at the Racecourse

We have positive news that the vaccine program started this week at Newbury Racecourse. Neighbourcare has been active taking clients to receive their first dose and here is some initial feedback from those drives. You will see it has been extremely positive.

“We were sent a letter from surgery with precise instructions and our details on, so we handed in the letter and were just asked to confirm date of birth. It was very well marshalled.”

“All very simple at the racecourse today. Entry over the new railway bridge, very exciting, lots of signs saying ‘vaccinations’ and lots of marshalls at the car parking area. Easy to drop off patients with any mobility issues. In one side and out the other. They were vaccinating on a first come first served basis so no delays. You should be in and out in 20 minutes. There is an easy pick-up point for those with mobility issues on the exit. Very good.”

“Signposted exit as entry. Very easy. I would recommend arriving no more than 10 minutes before the appointment as you have to wait to go in. They even have some umbrellas if it is raining!”

“We are parked in a one-way car park, a bit like going on a ferry or the Euro tunnel. Everything is well signposted and super smooth.”



Vaccination Program

The coronavirus (COVID-19) vaccine is safe and effective. It gives us the best protection against coronavirus. The NHS is currently offering the COVID-19 vaccine to people most at risk from coronavirus. In England, the vaccine is being offered in some hospitals and pharmacies, at hundreds of local vaccination centres run by GPs and at larger vaccination centres. The order in which people will be offered the vaccine is based on advice from the Joint Committee on Vaccination and Immunisation (JCVI).

JCVI advises that the first priorities for the COVID-19 vaccination programme should be the prevention of mortality and the maintenance of the health and social care systems. As the risk of mortality from COVID-19 increases with age, prioritisation is primarily based on age.

The order of priority for each group in the population corresponds with data on the number of individuals who would need to be vaccinated to prevent one death.

1. residents in a care home for older adults and their carers
2. all those 80 years of age and over and frontline health and social care workers
3. all those 75 years of age and over
4. all those 70 years of age and over and clinically extremely vulnerable individuals

The current plan is to have all of the groups above vaccinated by the 15th February. The following groups will then be vaccinated:

5. all those 65 years of age and over
6. all individuals aged 16 years to 64 years with underlying health conditions which put them at higher risk of serious disease and mortality
7. all those 60 years of age and over
8. all those 55 years of age and over
9. all those 50 years of age and over

It is estimated that taken together, these groups represent around 99% of preventable mortality from COVID-19.

Wait to be contacted.

The NHS will let you know when it's your turn to have the vaccine. It's important not to contact the NHS for a vaccination before then.

When it's your turn to have the coronavirus (COVID-19) vaccine, you'll get a letter, phone call, email or text inviting you for an appointment.

You need to have 2 doses of the vaccine and to go to 2 appointments.

The 1st dose of the COVID-19 vaccine should give you good protection from coronavirus. But you need to have the 2 doses of the vaccine to give you longer lasting protection.

Most vaccinations locally will be taking place at the Newbury Racecourse Vaccination Centre, but you may get invited to another centre or have a home visit if you are unable to travel.

If you need help to attend the vaccination appointment call Neighbourcare on **01635 745 600**

What happens on the day?

You'll need to bring:

- a face covering, unless you cannot wear one for a health or disability reason
- your booking reference numbers if your appointment is at a vaccination centre

If you need a carer you can bring them with you on the day.

What happens at the appointment?

You'll be asked some questions about your medical history.

It's important to tell the staff giving you the vaccination if you have ever had a severe allergic reaction or you are pregnant.

If your appointment is at a vaccination centre, you'll be asked for your booking reference numbers.

You will then be given an injection of the vaccine into your upper arm.

All places that offer COVID-19 vaccinations will help keep you safe from COVID-19. There will be regular cleaning and social distancing in waiting areas.

After the vaccination

You'll be asked to wait a short time after having the vaccination. This is in the unlikely event you have an immediate reaction to the vaccine.

Research has found it's very rare to have a serious allergic reaction to the vaccine. If this does happen, it usually happens within minutes. The team will be trained to deal with reactions and treat them immediately.

You will also be given a leaflet about what to expect after your vaccination to take home with you.

Remember the Guidelines

It is worth remembering the words from Chris Whitty, Chief Medical Officer for England

"we are far from out of the woods please do not act as if we were"

"By following the rules, we will save lives and help normal life to return more swiftly"

Remember Hands – Face – Space

**STAY HOME, SAVE LIVES. Act like you've got the virus and everyone else has it too.
Anyone can spread it**

All newsletters are stored on www.wooltonhill.com/coronavirus



Please refer to the rules published in last week's newsletter [HERE](#)

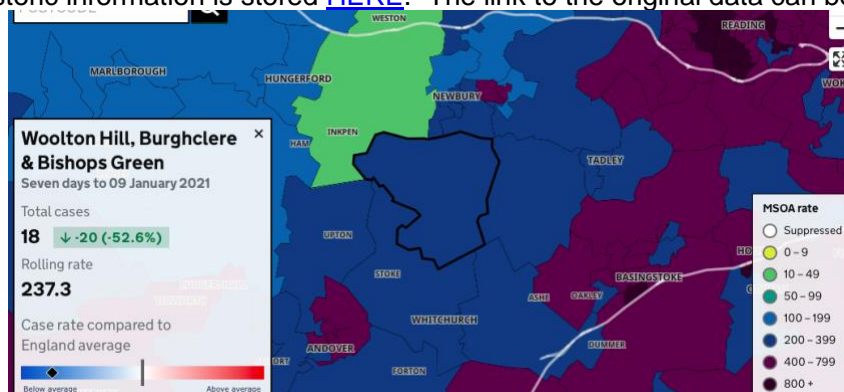
Local Support

If you are feeling lonely or fed up and would like to talk then don't forget you can call the local number **01635 745 600** to have a friendly voice to chat to.

Latest Local COVID-19 Cases

Here are our recent numbers. Although, the cases in the past week have reduced in the local area the numbers are still higher than were seen earlier last year and the cases in the wider area remain very high with our hospitals and NHS under severe pressure.

Our recent historic information is stored [HERE](#). The link to the original data can be found [HERE](#)



From the Rector: Revd Canon Christine Dale



Greetings and blessings to you all in these challenging times.

It has become clear that our country is in a critical stage in relation to the spread of COVID-19. It is good and positive to know that the roll out programme of the vaccines has begun and **thank you** to our local surgeries for all their organization and hard work in this respect. The spread of the virus remains of critical concern and so it is with great sadness that we have decided to suspend public worship in our church buildings as the full lockdown continues. We will continue to offer Sunday worship online via 'zoom' and also every Wednesday at 10am 'zoom' Morning Prayer.

Sunday 'zoom' services for the rest of January:

(for 'zoom' link details please e-mail me at cdale001@btinternet.com).

17th January 10.00am Benefice Communion
24th January 10.00am Benefice Communion
6.00pm Evensong
31st January 10.00am Benefice Communion

All our church buildings are open for private prayer on Sundays.

Churches with published opening times:

St James', Ashmansworth 9.30am-4.30pm
St Martin's, East Woodhay 11am-3pm
St Michael & All Angels', Highclere 11am-12.30pm
St Thomas', Woolton Hill 10am-4pm

If you visit one of our churches for private prayer please do protect yourself and others by wearing a face covering inside the building, sanitising your hands on arriving, and using a seat with a 'green tick' card marker (when you leave please turn over the card to show the red no entry sign).

The Church of England continues to offer the 'Daily Hope' prayer line – 0800 804 8044. It is free to call and has options to listen to hymns, prayers, daily reflections, and a Sunday service.



If you want to ask for prayer, please do contact Canon Marvin (254718) or me (253323).

with every blessing to you all,

Revd. Canon Christine Dale
(e-mail: cdale001@btinternet.com, Tel. 01635 253323)

Local Businesses

Please refer to last week's newsletter [HERE](#) for a list of shops and takeaway options.

New this week

The Rural Supply Company offer a one-stop click and collect service for foods from local producers. Collect from Five Bells Wickham or Hannington. Click [HERE](#)

Supporting local businesses – and a good cause – Roelofs & Rubens Corona Angels hanging decorations can be delivered to your own 'angel' price includes donation to NHS Charity click [HERE](#)



Activities – Staying In

Make – free family craft activity downloads including papercraft, sculptures from recycling, stop animation etc from the Royal Academy Click [HERE](#)

Read / Listen - free children's e-books and audiobooks available from Hampshire Libraries click [HERE](#)

Drama sessions on-line – weekly groups for infants, primary and secondary age with the Corn Exchange Click [HERE](#)

Watch / learn –

Ashmolean Museum 5 minute videos, podcasts and resources with a different take on the collection items Click [HERE](#)



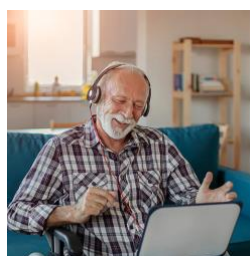
Theatre

Old Vic Theatre playback – new service streaming plays with Michael Sheen, Matt Smith, for dates and tickets click [HERE](#)

Ballet – enjoy some classical clips from the Birmingham Royal Ballet by clicking [HERE](#)

Staying active

'Get moving week' Jan 18th – 22nd – free exercise classes on the Virtual Village Hall, from aerobics to seated pilates to zumba - click [HERE](#)



This also includes such activities as 'Laughter Yoga' as see on photo alongside.

10 minutes for 10 days - seated or standing keep fit for the elderly from BBC Sounds click [HERE](#).

Activities – Going Out

Walk with purpose, or watch from your garden - enter the wildlife photography competition – adult & junior categories, closing date 24th Jan click [HERE](#)

Your Feedback

We expect that we will be in this situation a while and it would be great to know what you would like us to include in these Newsletters. Email us at EWCleresNews21@gmail.com with any feedback.

Naturewatch – How well do you know your winter wildlife? Try these 6 questions from BBONT [HERE](#)

Please send us an image – we are asking for your favourite local view this winter and we will include it in a future newsletter. Others would really like to see what great sights you have seen in your garden or on a local walk. Please email to EWCleresNews21@gmail.com

Thank you for the following photographs which have been sent in – please keep them coming.



Ladle Hill – Mist & Frost (Amanda Bates)



Misty morning at Hollington (Paul Hurst)



Wintry Sunset in Hollington (Paul Hurst)

Thank you to everyone who reported their sightings – Redwings have been seen in groups in:
Tile Barn, Back Lane near the Chase, and a large group of 12 in Burghclere.

Do you do the RSPB bird watch at the end of January? We would love to collect your numbers to collate for the local area. More news soon.



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Ashmansworth
and Cris Easton Parish Website