East Woodhay & Highclere Coronavirus Community Support













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We are here for you – one number to have:

- prescriptions delivered
- shopping collected
- a friendly chat on the phone
- attending a medical appointment



01635 745 600

To help spread the latest local news, please circulate this newsletter as widely as possible to others.

Support

Please remember that you are not on your own. If you would like to call for a chat or if there is anything that is worrying you about the current situation then just call us on the number in red above.

East Woodhay & Highclere Neighbourcare

Please note our central telephone number

01635 745600

for help with:
attending medical appointments, collection of shopping, collection/delivery of prescriptions or for wellbeing calls
ewhneighbourcare.org.uk

Part of the Good Neighbours Network

In addition to the support provided by Neighbourcare shown alongside, there are a number of local and national charities continuing to provide support on issues such as mental health, loneliness and domestic abuse.

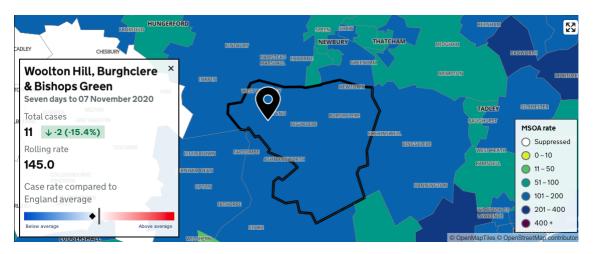
- Mind call 0300 123 3393, text on 86463, email info@mind.org.uk or click HERE
- Samaritans call 116 123, email jo@smamaritans.org or click HERE
- The Silver Line (advice and friendship for the elderly) – call 0800 470 80 90 or click <u>HERE</u>
- Age UK (friendship service for over 60s) call 0800 678 1602 or click <u>HERE</u>
- Hampshire Domestic Abuse Service call 03300 165112 or click HERE
- National Domestic Abuse Helpline call 0808 2000 247 or click <u>HERE</u>
- Childline call 0800 1111 or click HERE
- Respect Phoneline call 0808 8024040 or click HERE
- Citizens Advice call 0300 3309 064 or click HERE

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Latest News

The guidelines have not changes over the past week and an overview of these can be found in last week's newsletter <u>HERE</u>, However, there is quite a bit of other local news and consequently, we thought it worthwhile to produce this newsletter.

There is a slight improvement on our local numbers from last week but as you will see we are still only just below the national average for cases per population. The link to the original data can be found HERE



From the Rector: Revd Canon Christine Dale



Thank you once again to our fantastic Neighbourcare team for bringing invaluable information to us all in these changing times.

During November our worship continues online (using Zoom). If you would like to join the circulation list receiving details on how to join in, then please e-mail your e-mail address to cdale001@btinternet.com. (This Sunday we are online at 10.00am).

Each Sunday our churches are open during the day for private prayer (St Michael & All Angels', Highclere will be open 11am-12.30pm on Sundays).

On Remembrance Sunday it was good to regain a sense of our communities in these days of restrictions with outdoor Acts of Remembrance in churchyards. Thank you to the churchwardens and local teams whose oversight made sure COVID secure safety precautions were in place, along with sound systems and protection against the weather!





82 folk gathered at 10.55am by the war memorial in St Michael & All Angels' Churchyard in Highclere. We made solemn remembrance together with the support of Dave Powell who sounded the Last Post and Reveille, members of the church choir (who sang 'O Valiant Hearts'), and the laying of wreaths.

In the afternoon 67 folk gathered in the increasing damp and gloom at 3.30pm by the war memorial in St Thomas', Churchyard in Woolton Hill. Again, we made solemn remembrance with thanks again to Dave Powell, members of the church choir (who sang 'O God our help in ages past') and the laying of wreaths.



On Wednesday 11th November simple wreath laying ceremonies and the observance of the 11.00am two minutes silence took place at the war memorial in Ashmansworth and at East End.



The Church of England have launched a phone line called Daily Hope (free to call). You can call it for music, hymns, prayers and reflections as well as full worship services from the Church of England. The line is available 24 hours a day on **0800 804 8044**

with every blessing to you all

Revd. Canon Christine Dale (e-mail: cdale001@btinternet.com, Tel. 01635 253323)

Food

Honesty bakery – click and collect baked goods or an afternoon tea Click <u>HERE</u>

Fresh Home Cooking delivered to you from Rhona of Thyme Email Thymehomecook@gmail.com. Or click HERE.

Tilly's Treats, who were regulars at the Woolton Hill Village Market, sell **hand made chocolates** online and deliver gifts for you. Click <u>HERE</u>



Fruit & Vegetables – Fisher of Newbury offer next day delivery during November. Click <u>HERE</u> or tel. 01635 524822

Meat and Farm Produce – Fernworth Farm at Ashford Hill offer weekly click and collect or delivery. Email jo@fernworthfarm.co.uk or tel 07966 467058 (normally order Weds, collect Sat)

Venison – delivered to you - Email <u>juliette.howard@hotmail.com</u> or tel. Juliette on 07811947987 for pricing and delivery.

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Takeaways

Rampant Cat – Takeaways Friday, Saturday Sunday.



Supporting Marcus Rashford campaign to end child food poverty, on Fridays they offer 1 or 2 children's meals free with a paying adult meal. Tel 01635 253474

You can also order a cooked Dinner for Christmas Day

Highclere Red House - takeaway or delivery available Tuesday to Saturday 12 – 9pm. For more details click <u>HERE</u>. Support **The Royal British Legion** this November: Red Cavalier from Two Cocks Brewery. £5 for 2 pints (£1 donated) £10 for 4 pints (£2 donated) Half price wine (£1 donated)

White Hart Hampstead Marshall – Click and Collect Saviour Ales, cider, lager and wines. Make your selection and order by clicking <u>HERE</u>, collection on Saturday between 1pm and 4pm.

Take away Japanese – Arigato of Newbury (on the bridge) click HERE

Village Stores

Please don't forget our wonderful local stores in Woolton Hill (01635 253463), which has a good stock of cards and the Christmas stamps have arrived, and Woodlands Stores (01635 253651) in Penwood which has a wide selection of groceries.

Activities

Keeping Fit - Joe Wicks is back! Regular sessions on line click HERE



Keeping Fit – more sedately – 15 minute seated Pilates Free online Click <u>HERE</u>



Walking with purpose – train over the winter for a half or full length walking marathon in 2021 in support of MacMillan click <u>HERE</u>

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Arts & Crafts

We know many of you haven't been able to see some of your family members, so why not send them a hug!

Follow these easy steps below & share a hug with someone you love!

- Trace your child's hands on felt or a heavy card stock that is folded in half and cut them out (You should have two cut outs per hand)
- Have your child decorate the hands and include a special note
- Take your ribbon and measure the length of the child's wingspan – from wrist to wrist across the body.
- Glue the ribbon to the inside of one set of handprints and then glue the other handprint on top to seal it.
- Repeat for the other hand.

Once this is complete pop it in the mail!



Do you fancy holding a **craft afternoon for MIND** on 5^{th} December? Download templates and find out more <u>HERE</u>

NSPCC have craft afternoons - click HERE

Theatre

Watermill Theatre – for the little ones – 3 Little Pigs on line Sat 21st Nov. Book HERE

Proteus Theatre Basingstoke offer both a live performance for your 'bubble' or a zoom interactive performance of 'Your Christmas Needs You' $19^{th} - 24^{th}$ December booking click HERE

Watermill Theatre - FREE online group Singing sessions 18th & 25th November 1pm, Book HERE

Sing in the chorus with Opera North – train for a Christmas event click <u>HERE</u>

Christmas Shopping

Here are some ideas on how you can support local, independent businesses without leaving home!

Christmas cards, wrapping paper from Chris Crerer of Flamingo Paperie click HERE

Westridge cards – Notelets / greeting cards designed by local artists, sold as a pack of 10, all proceeds to the Studio. Click <u>HERE</u>

Kingsclere based Purity Company offer handmade natural balms, toiletries and home products click HERE

Handmade ceramic decorations from Roelofs & Rubens of West Woodhay. For yourself or arrange free gift delivery to family and friends. Click <u>HERE</u> or email info@roelofsrubens.co.uk or tel. Piet & Monty on 01488 668154



DAJ Collection of Newbury will dispatch bags & accessories UK Click HERE

Dorset company **beebombs** will dispatch gift packed bee friendly seeds to anywhere in the UK Click <u>HERE</u>



Gift vouchers for workshops & experiences to look forward to 2021:-Gift a lesson in breadmaking or **Italian or Asian cookery** at Honesty Click <u>HERE</u> Gift a half day truffle making class at **Chocolate Craft** in Alresford Click <u>HERE</u> **Ardington School of Crafts** offer gift vouchers towards workshops Click HERE

Christmas Walk

It has been decided by both the previous and new organisers that it would be inappropriate to go ahead with this year's walk due to the impact of COVID-19. This will bring to an end an unbroken 35-year history of village walks but hopefully we can all reconvene next year for the 36th Village Christmas Walk on the 27thDecember 2021.

Next Newsletter

We are planning that our next Newsletter will be at the end of this current phase of lockdown i.e. in early December.

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